

# Booker Avenue Junior School Anti-Bullying Policy

At our school, we want everybody to feel safe and happy and to be treated with kindness and respect with our differences celebrated. That means no bullying is allowed.

### What is Bullying?

Bullying is someone being nasty to you repeatedly. They try to make you feel scared or hurt your feelings. They might kick or hit you, call you names or send you nasty messages.



Verbal



Physical



Social



Online

### Bullying is not:

- Friends sometimes falling out
- When a friend is sometimes thoughtless

### How we prevent Bullying:

We have an Anti-Bullying Policy so everyone in our school knows:

- What behaviour is expected
- How to report bullying
- How to deal with bullying
- Learn the skills to be a good friend

Mr Thompson, the governors and all the staff are working together to keep our school a place where everyone can feel safe and happy.

### What you should do if you are being bullied:

- If bullying is happening to you, or someone you know – you should **tell someone** you trust as quickly as possible
- You can tell any adult in school
- You could try to tell your class teacher
- Use the class worry box
- Don't stay silent or the bullying will keep happening

**Keep reporting until it stops**



**BE THE BEST YOU CAN BE**

### If you are bullied:

#### Do

- Ask the person bullying to 'STOP' if you can
- Walk away, but tell someone
- Try to be with other friends you feel safe with
- Tell someone – **report it**
- Use the class worry box

#### Don't

- Get angry or look upset
- Do it back to them
- Do as they say
- Keep it to yourself
- Think its your fault

### What will happen next?

- The adult will make sure you are safe
- They will listen to you and make a note of what you say
- They will talk to all the other children involved and help sort things out
- They will speak to parent/carers
- They will check in with you until the bullying stops
- They will check the bullying doesn't start again

### If you know someone else is being bullied:

- **Be an upstander**
- Tell someone – **report it** to an adult
- Don't keep it secret
- Befriend the person and be kind to them
- Include them in your games
- Use the class worry box if you're worried

- Useful links:**
- [www.Childline.org.uk](http://www.Childline.org.uk)
  - [www.bullying.co.uk](http://www.bullying.co.uk)
  - [www.nspcc.org.uk](http://www.nspcc.org.uk)
  - [www.kidscape.co.uk](http://www.kidscape.co.uk)





## Booker Avenue Junior School Anti-Bullying Policy

Booker Avenue Junior School wants everybody:

- To feel safe and happy at school
- To be treated with kindness and respect
- To follow the rules
- To be the best they can be

That means **NO** bullying is allowed

### What is Bullying?

Bullying is:

- Unkind behaviour
- Done to someone by the same person over and over again
- They might try to hurt you or make you feel sad

Bullying is not:

- Friends sometimes falling out



**BE THE BEST YOU CAN BE**

What you should do if you are being bullied:

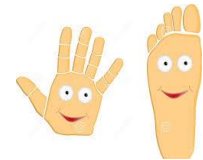
**Tell somebody**



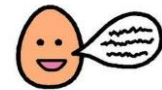
They will listen to you and help you make it **stop**

To be a kind friend we remember to:

Have kind hands and feet



Use kind words



Let everyone join in our games



Other place to get help





# Booker Avenue Junior School Anti-Bullying Policy



At Booker Avenue Junior School we are all unique and should be treated with kindness and respect.



We want everyone to feel safe and happy so we all try to:

- follow the rules
- be kind

That means **NO** bullying is allowed

## What is Bullying?

Bullying is when someone is unkind lots of times to the same person and it makes them feel scared or sad.

It is not the same as 'falling out' with friends

**What you should do if you are being bullied:**

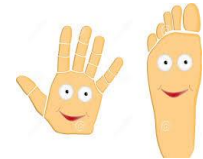
**Tell somebody**



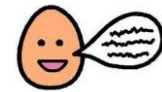
They will listen to you and help you make it **stop**

**To be a kind friend we remember to:**

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Other place to get help



[www.childline.org.uk](http://www.childline.org.uk)