

Booker Avenue Junior School – PSHE Curriculum Map		Autumn			Spring			Summer	
		Staying Safe and Healthy			Living in our World			Relationships	
		Core knowledge and Skills			Core Knowledge and Skills			Core Knowledge and Skills	
		<ul style="list-style-type: none"> I can identify risks and recognise dangerous situations. I can make informed choices about our physical, emotional and mental health. I can explain the risks associated with unhealthy choices. I can identify ways I can stay safe online. I can define online bullying and explain how I can get help. 			<ul style="list-style-type: none"> I can recognise the importance of being responsible and trustworthy and explain why it is important I can explain the meaning of consent. I can identify what makes people different. I can explain the concepts of acceptance and inclusion. I can define British values and explain how I can apply them within our communities. I can identify jobs within the home. I can identify how adults earn money. I can identify the costs of living. I can explain how to budget. 			<ul style="list-style-type: none"> I can identify the different types of relationships we can have. I can describe how these can change as we grow. I can explain how our families support us and how we can support our families. I can identify how relationships can be healthy or unhealthy. I can explain how to ask for help. I can identify who can help us if a relationship makes us feel uncomfortable. 	
One Decision	Keeping and Staying Safe	Keeping and Staying Healthy	Computer Safety	Being Responsible	Our World/ A World without Judgement	Our World / The Working World	Feelings and Emotions	Relationships/ Growing and Changing	
Year 3	Road Safety How do I stay safe on the road?	Medicine Why do we take medicine and who should we take medicine from?	Making Friends Online What are the dangers of talking to strangers online?	Stealing What are the differences between borrowing and stealing?	Living in our World How can we look after our home and community?	Working in our World How do people earn money?	Worry How do I recognise emotions?	Touch What is the difference between appropriate and inappropriate touch?	
Year 4	Cycle Safety How do I stay safe on my bike?	Healthy Living What types of food do our bodies need to grow and stay healthy?	Online Bullying How do I stay safe online?	Coming home on time Why are rules important at home?	Breaking down Barriers Why is being different okay? How can we give all people an equal chance?	Chores at home How can I help?	Jealousy How can I manage the feeling of jealousy?	Relationships What makes a healthy relationship?	
Year 5	Water Safety How do I stay safe around water?	Smoking What are the risks of smoking and why do some people smoke?	Image Sharing What are the rules about sharing images online?	Looking out for others How can my choices affect other people?	Inclusion and Acceptance How can we promote diversity and inclusion?	Enterprise How can I make money?	Anger How can I manage the feeling of anger?	Puberty How do our bodies change as we grow up?	
Year 6	Peer Pressure How can I manage peer pressure and avoid making risky choices?	Alcohol How does alcohol affect the human body and what are the risks associated with alcohol?	Making Friends Online What are the age restrictions of different online applications?	Stealing What is consent?	British Values What are British values and how can we apply them?	In – App Purchases How can I spend money responsibly?	Worry How can I manage the feeling of worry?	Conception How do humans reproduce?	